## **Small Groups at Trinity URC**

We live in an age when community has often become fragmented, leaving people feeling disconnected or isolated. Here at Trinity, we want to build a sense of community where all are valued and supported, and feel that meeting together in smaller groups is a key way to do this. We currently run a variety of groups, helping people to get to know each other better, share interests and grow as individuals and as a community. Each group has a practical, spiritual, or social focus (or combination of all three!)



Below are Trinity's Groups (at the moment) with a short description and a name to contact for each group. We would love you to explore and try out any group that interests you. We are planning to form additional groups, which we hope to start when we have enough expressed interest. One new venture is our new mid-week weekly café. May our coming together in these different ways bring encouragement and blessing.

Terry Hinks, Church Minister, and Trinity Elders minister.trinity.coresend@gmail.com 01628 525076

Current Groups in 2022		
Coffee and Chat	A morning women's social group, meeting in members' homes once a month. Women of all ages are very welcome to join us, whether or not they are members of Trinity. We have a varied programme and each year we choose a charity to support. So, if you fancy joining us one morning, see the church magazine <i>Wye Connect</i> for dates and details.  Contact: Lesley at coffeeandchat@trinity-urc.org.uk 01494 718391	
Eco Church Group	This small group has helped the church achieve a Bronze Award in the Eco church programme and is now working towards the Silver. It also links in with other local ecochurches.  Contact Terry at <a href="mailto:Ecochurch@trinity-urc.org.uk">Ecochurch@trinity-urc.org.uk</a> 01628 525076	
Ladies' night out	An informal, occasional evening gathering over drinks and nibbles discussing the not-so-serious things in life, aimed at the 40-60 age range but not exclusively so.  Contact: Kate at <a href="mailto:ladiesevening@trinity-urc.org.uk">ladiesevening@trinity-urc.org.uk</a> 07818 853069	
Men's night out	An informal occasional evening gathering over beer and nibbles, chatting about whatever anyone wants to!  Contact: Alan at <a href="mailto:boysbeernight@trinity-urc.org.uk">boysbeernight@trinity-urc.org.uk</a> 07710 397639	
Mental Health Support	A fortnightly informal peer support group, attendees by referral to Marian Contact: Marian at <a href="mailto:mentalhealthsupport@trinity-urc.org.uk">mentalhealthsupport@trinity-urc.org.uk</a> 07985 382531	

Home Group	A time for Christian fellowship, informal discussion around our faith, the Bible, prayer and worship, learning, sharing together as we deepen our understanding of God and Jesus in our lives.  Contact: Marian at <a href="mailto:home.groups@trinity-urc.org.uk">home.groups@trinity-urc.org.uk</a> 07985 382531
Prayer Group	The Group meets between 9.30 and 10.00 am on Zoom on the 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month, sharing a Bible reading and praying for people and situations (aloud or in silence). Come and see!  We also have a prayer chain which receives any prayer requests.  Contact: Terry at minister.trinity.coresend@gmail.com 01628 525076
Techie Team	The Group supports the church's worship by providing Audio Visual and streaming services each Sunday.  Contact: Tim at worship@trinity-urc.org.uk _07980 689574
Tuesday Fellowship	This small, friendly group meets on Tuesday afternoons at 2.30 pm in The Meeting Place. As a church group we start each meeting with short devotions and end with tea and biscuits (or cake). Meetings are informal and look at a variety of topics. All are welcome.  Contact: Kay at <a href="mailto:tuesday.meeting@trinity-urc.org.uk">tuesday.meeting@trinity-urc.org.uk</a> 01494 928429
Worship Band	Musicians come together to practise on a Thursday or Sunday morning, to help lead worship songs within Sunday worship.  Contact: Marian at worship@trinity-urc.org.uk 07985 382531

## For young people...

Rainbows, Brownies and Guides	A thriving Guiding Unit that meets at the church's Crendon Hall: Rainbows (girls aged 5-7) meet on Fridays during term time Brownies (girls aged 7-11) meet on Fridays in term time Guides: girls (aged 10-15) meet on Thursdays in term time Contact: Julia at <a href="mailto:trinityrainbowsandbrownies@gmail.com">trinityrainbowsandbrownies@gmail.com</a> 07976 322264
Junior Church	Activities for children and young people are provided each Sunday at the 10.30 am service.  Contact: Sarah at <a href="mailto:juniors@trinity-urc.org.uk">juniors@trinity-urc.org.uk</a> 01494 440965

## And for all ages, meeting over coffee or tea ...

Midweek Café	A new venture, a welcoming Cafe, open to all on Wednesday morning (10.30 to noon) in the main church. Space to chill, use a mini library, bring knitting, join a table game, meet new friendsyou choose!
	Contact: Café Team at midweekcafe@trinity-urc.org.uk
Refreshments	There is the opportunity to meet together over coffee after our 10.30
after Sunday worship	am Service. There is also a Prayer Table, available for people to bring any prayer concerns, and church members to share these with.