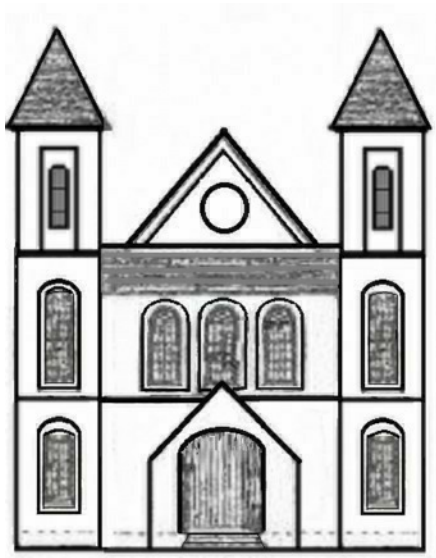


# Wye Connect



The joint magazine of Trinity & Cores End  
United Reformed Churches



Click [here](#) to connect to  
Sunday worship

**April 2022**

## Pastoral letter

Dear friends,


At the heart of our Lent worship this year has been the question Jesus asked his disciples: 'Who do you say I am?' The response of Peter was to affirm Jesus as God's Messiah, but then to discover that Jesus' interpretation of 'Messiah' was very different to what he expected. Peter's picture of the Messiah was of a triumphant king driving out the occupying Roman legions and conquering the world in the name of God. Jesus instead spoke of rejection and suffering lying ahead – even death on a cross. Rather than taking power in Jerusalem he gives up all human power, accepting betrayal, arrest and ultimately death. And in that mystery God's heart of love and compassion is revealed – a God who is not some puppet master pulling our strings, but one who is truly self-giving and life giving.

Jesus asks each one of us today 'Who do you say I am?' and we will each have our own images' pictures, words and thoughts that come to mind, each interpret the Christian teaching about Jesus Christ (Christology) in our own way. The descriptions people shared in worship at both Cores End and Trinity were enlightening – because we need to learn from and help each other if we are ever going to grasp in the words of Paul what is 'the breadth and length and height and depth of the love of Christ' even though it surpasses all knowledge (Ephesians 3.18).

Among the pictures and ideas shared in our Lenten reflections were:

- ☐ **An angry Jesus**, furious at the violence and cruelty, hypocrisy and injustice in our world, speaking out in protest at the evils of our day. Let's not forget the times Jesus was angry – a righteous anger on behalf of the exploited, downtrodden and abused
- ☐ **A gentle Jesus**, friend of the children of the world. Let's keep that gentler picture in mind too – and Jesus' special heart for the child: 'Unless you turn and become like children, you will never enter the **kingdom of heaven** (Matthew 18.3)
- ☐ **Jesus, the Light of the world**, knocking at the door of our hearts and our society; the famous Holman Hunt painting that hangs in Keeble College Oxford, but has been copied numerous times (including in stained glass – one of which is in our Cores End Church).
- ☐ **My Jesus, my Saviour, the title of a worship song**, because it is often in songs that we express our faith. Our image of Jesus as Friend may well come not only from John's Gospel (where Jesus calls the disciples his friends) but the hymn 'What a friend we have in Jesus'. I encourage you as we approach Easter to look at the songs and hymns you know that speak of Jesus, especially the great Passion and Easter hymns like Isaac Watts 'When I survey' and Charles Wesley's 'Christ the Lord is risen today'. Allow them to warm and deepen your faith.
- ☐ **Jesus Prince of Peace** is so needed today as we look at our world. Our praying for peace Sunday by Sunday is so difficult at the moment, as we watch the unfolding horrific events in Ukraine and recognise that other wars and conflicts go on unnoticed. How and what are we to pray? Yet pray we must, crying out to the God who shows us the Way and brings, in Christ, a peace that is beyond understanding. 'Peace is my parting gift, such peace as the world cannot give. Set your troubled hearts at rest and banish your fears.' (John 14.27)

The Lenten journey continues and will bring us to Good Friday – with its focus on the crucified Saviour – and to Easter Day – with its joyful acclamation: 'Christ is risen; he is risen indeed.' May that risen Saviour walk with us in the days and weeks ahead – and may we walk his Way of grace and peace.



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Contact: - [minister.trinity.coresend@gmail.com](mailto:minister.trinity.coresend@gmail.com)



01628 525076

The minister's day off is Friday every week. Please contact your elder if there is a particular need to seek assistance on a Friday.

The next edition will be published on Sunday 24<sup>th</sup> April. Contributions by Sunday 17<sup>th</sup> please.

[editor@trinity-urc.org.uk](mailto:editor@trinity-urc.org.uk)

## Worship in April

**Every Sunday at 10.30 am at both churches**

Our thanks to all who led worship, read or provided music at our two churches in March.

Legal Restrictions have now ended by government and Covid19 cases in our area and in the UK are still high, though there has possibly been some decline recently. As church communities we continue to proceed cautiously and slowly, to ensure risks are minimised and the vulnerable are kept safe. **We have decided at both churches that at present wearing of masks in church should be left to personal choice, but please continue to take care when at church** (social distancing as appropriate) and of course do not attend if you have any Covid symptoms (or test positive). Please be especially careful and sensitive to those who are more vulnerable, cautious or anxious about the virus. We review our precautions regularly at both churches, ready to tighten or loosen them as is most helpful and caring to each other. If you have any concerns or questions, don't hesitate to contact the minister or elders.

**PLEASE STAY SAFE AND CARING**

We are continuing to stream the service from Trinity every Sunday so that those who are still confined to home can watch the service. Our thanks to the Techie team for enabling this to happen week by week.

## Worship online and in church

**10.30 am at Trinity Church and streamed service** – the link is [bit.ly/trinityhw](https://bit.ly/trinityhw)

3 April      Worship with Holy Communion led by Terry Hinks  
with the induction of elders

10 April      Worship led by Amersham worship team

**Easter Sunday Communion** led by Terry Hinks

24 April          Worship led by Alan Yates

**10.30 am at Cores End Church**

3 April                  Worship led by Derek Holland

10 April      Worship with Holy Communion led by Terry Hinks

17 April Easter Sunday Communion led by Ken Pearce and Geoff Cronin

24 April          Worship led by David Carter

**Junior Church:** sessions (or alternative activities) continue at both churches.

For more details of our activities with children please contact the Junior Church Leaders. There are also materials for children and families at <https://www.rootsontheweb.com/>.

## HOLY WEEK AND EASTER 2022

**Maundy Thursday Communion** at Trinity Church at 7.30 pm on 14 April  
(joint service with Wesley Methodist Church)

**Good Friday United service** at Wesley Methodist Church at 10 am on 15 April  
(joint with Union Baptist, Trinity URC and Wesley Methodist)

**Good Friday Service of reflection** at Cores End URC at 11.30 am on 15 April

## Easter Prayer Stations at Cores End

The grounds at Cores End Church are a lovely place to be still, pause and reflect. For Holy Week and Easter there are a series of prayer stations around the grounds, reflecting on the love and peace of Christ. All are welcome to come and use these points for personal reflection and prayer.

## People News from the Churches

**Not included in this version**

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### Church Correspondence

The Work of Church Secretary is being shared by elders and minister at present.  
Church Correspondence should be sent to

(Trinity) [secretary@trinity-urc.org.uk](mailto:secretary@trinity-urc.org.uk)

(Cores End) [berylgeoffbritt@gmail.com](mailto:berylgeoffbritt@gmail.com)



### Thank you for your Generous Giving

Thank you for your continued support of the churches' work, through your regular giving and donations. If you would like to give to the church by Standing Order, bank transfer or cheque please contact the treasurers for more details:

(Cores End) - [dandrbailey@tiscali.co.uk](mailto:dandrbailey@tiscali.co.uk)

(Trinity) - [treasurer@trinity-urc.org.uk](mailto:treasurer@trinity-urc.org.uk)



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### *NEW ELDERS FOR TRINITY*

**Not included in this version**

### **And a few gaps**

Flowers for church: we are without a Church Flowers Coordinator but it would be good to have flowers in church over Easter and on other special occasions. If you can help arrange flowers occasionally please contact Terry or Sue.

It has been good to provide refreshments after Sunday worship and our thanks to all who have helped with that. We would be very glad of more helpers. If you want to have a go, please contact Sue Thorne.

## **Praying Together**

### **Prayer Chains**

Both churches operate Prayer Chains so do use these. The first point of contact is:

- (at Cores End) [david@dkreynolds.plus.com](mailto:david@dkreynolds.plus.com)
- (at Trinity). [johnandrosemary@outlook.com](mailto:johnandrosemary@outlook.com)

**Trinity Prayers** (Wednesday Mornings, via Zoom) 9.30 am on 6 and 20 April. **24/7 Prayer for Wycombe** contact Jane Franklin [prayer@ccfh.org.uk](mailto:prayer@ccfh.org.uk) if you would like to go on the mailing list.

**Churches Together Prayer Walk around the Daws Hill estate** was to be held on Thursday 3 March and prayers were offered for residents, builders, the churches and wider community, as well as peace in Ukraine.

**Wye Churches Community Prayer** takes place on Wednesdays at 4pm. The prayers move around the churches – and you are welcome to join the group at any time: There will prayers on Zoom on 6 April and then a break for the Easter holidays with Prayers on Zoom again on 4 May. Contact Terry for more details.

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## **Faith and Cultural Awareness Training**

At the end of February Churches Together in High Wycombe Town Centre held an excellent taster evening in relation to Faith and Cultural Awareness, led by Peter Tate (a local Faiths & Cultures Trainer). Plans for visits to other faith places of worship are now being put in place; more details to come. Contact Terry if you want to find out more.

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## **Church Meeting at Cores End**

There was plenty to discuss and decide at the March meeting – but we did keep to time and finished at 12.30pm. A change to the way elders are nominated was agreed (changing the constitution): *Elders are elected by the Church Meeting, following nomination by a church member and seconding by another member and agreement by the member nominated. Names of those nominated should be given in writing to the minister (or serving elder) so that a conversation can be had with the nominee before their name is brought to church meeting for approval. The nominee also needs to have been a member of the church for at least one year and have been given a copy of the leaflet “They’ve asked me to be an Elder” which details the promises and functions of the elders meeting. Training and support will be given to any newly ordained elder.*

We are finding that more people are attending Church Meeting after Sunday worship and so decided to hold the next meeting after Sunday worship on 22 May.

## Lent and Easter 2022

### SUNDAY WORSHIP Who do you say I am?

Over Lent Sunday worship at both churches will be looking at the person of Jesus, as Saviour, friend and Lord:

**5 Jesus – the anointed One** John 12.1-8 – 3 April

**6 Jesus Servant King** (Luke 19.28-40) – 10 April (*Palm Sunday*)

**The series concludes with our focus on Jesus, the risen Lord on Easter Day**

**‘Who do you say I am?’ Booklets are available: contact Terry Hinks to order a copy**

### ONLINE GROUP FOR REFLECTION AND DISCUSSION

for Wesley and Avenue Methodist Churches and Trinity and Cores End URCs

**‘Following Jesus today’** 7.30 pm on Wednesdays in Lent

The last two in the series are:

30 March ‘Following Jesus in an age of anxiety and conflict’

(Luke 22: 39 – 53) led by Terry Hinks

6 April ‘Following the risen and ascended Christ’

(Luke 23: 55; John 20; Mark 14: 51-52) led by Georgina Bondzi-Simpson

More details and zoom link from Terry.

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## Working for Justice - Special dates in April

22<sup>nd</sup> April - **World Earth Day** – [Find out about events here](#)

The Earth Day 2022 Theme is Invest In Our Planet. This is the moment to change it all — the business climate, the political climate, and how we take action on climate. Now is the time for the unstoppable courage to preserve and protect our health, our families, our livelihoods... together, we must Invest In Our Planet. What Will You Do?

28<sup>th</sup> April - **International Workers’ Memorial Day** – [Find out more here](#)

Globally make safe and healthy work a fundamental human right this international workers’ memorial day

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## Forthcoming Bank Holidays in England and Wales

15 April	Friday	Good Friday
18 April	Monday	Easter Monday
2 May	Monday	Early May bank holiday
2 June	Thursday	Spring bank holiday
3 June	Friday	Platinum Jubilee bank holiday

## **Reaching out**

### **WYCOMBE REFUGEE PARTNERSHIP**

You can find updates on the WRP Facebook page or receive their newsletter; see the website [www.wycombe-refugees.org](http://www.wycombe-refugees.org)

### **COMPASSION UK**

For more information about *Compassion UK*, please visit [www.compassionuk.org](http://www.compassionuk.org). Donations to support Mary and Cristian (the two children sponsored by Trinity) and the wider work of Compassion UK can be sent to the Trinity Treasurer, [treasurer@trinity-urc.org.uk](mailto:treasurer@trinity-urc.org.uk)

### **LENT 2022 Jars of Change**

Both churches are supporting the Water Aid Lent Appeal. If you have collected a 'Jar of Change' or have a donation for the work do bring it to church on Easter Sunday or any Sunday after that. Alternatively visit the website [www.wateraid.org/uk](http://www.wateraid.org/uk) to give a donation online.



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## **Quiet Garden and Link-up Garden at Cores End**

Cores End URC grounds are registered as a Quiet Garden and listed in the Quiet Garden on-line directory and has its own page on our website at: <https://quietgarden.org/gardens/cores-end-urc-quiet-garden/>. The grounds are open to anyone who wants to come and experience a place of peace and reflection, with seats around the grounds also provide points to 'stop and stare.'

At the March Church meeting, members decided to use £2000 from Terry Merritt's bequest to the church to continue our work on the Link up Garden (Terry much enjoyed attending the Link up Group). We are immensely grateful to Beryl Britt for all her work over these last forty years to maintain the garden (and to those who have helped her over the years). We hope the new plants and items will make it an even more attractive place for people to sit in and develop a theme of Peace. Hopefully there will be opportunities for the Link up Group itself to use the space in warmer weather.



**The Quiet Garden Movement**



## **Safeguarding snippets**

### **Safeguarding snippets – Guidance for URC local church activities in private dwellings**



There are times when some organised church activities take place in private dwellings (the homes of church people). We have a few such groups.

The URC has asked us to be aware of the risks to consider and take into account the safety of those living in the property and those visiting. And although a manse is normally considered a place of work, the URC states that for good practice it shall be considered a dwelling.

Private dwellings can raise particular issues re. safeguarding: e.g. the presence of bedrooms and bathrooms, and the potential for individuals to use private spaces within the venue unobserved; and the presence of other people not part of the activity. The recent Independent Inquiry into Child Sexual Abuse (IICSA) report [Child Protection in Religious Organisations and Settings September 2021](#) report highlighted these issues.

Private dwellings can also raise issues of accessibility and health and safety, or issues around maintaining professional and personal boundaries.

The URC says that any activity that is part of the life of the church and is hosted in private dwellings or manses, and their gardens or outbuildings, (for example a home group, children's group, youth group, coffee morning, repair workshop, garden party etc) should come under the church's Safeguarding Policy. Whoever is responsible for the activity needs to know, understand and comply with the Safeguarding Policy, and ensure the steps below are in place:

1. A separate risk assessment is required for all venues and activities. This needs to include health and safety and safeguarding risks for those who live in the dwelling and those visiting for the activity.
2. Whoever is responsible for the activities must have the appropriate level of safeguarding training if under 18s or adults at risk are involved (see General Assembly 2021 [Paper T5 Safeguarding Training Framework](#)) and any other appropriate training for the type of work involved.

Please refer to [Good Practice 5](#) especially Section 8 'good working practice', and codes of conduct, [model risk assessment form](#), and your **local church Safeguarding Coordinator**.

#### **Note on Youth Groups where private dwellings should not be used for the delivery of youth sector activity:**

The National Youth Agency (NYA) has a statement that: *The use of private dwellings (including trusted adults' homes and gardens) for the delivery of youth sector activity is not permitted.*

For further support please contact your synod lead for [Children's and Youth Work](#) and/or [Safeguarding Officer](#).



## How can WE Help Ukraine?

*The tragic conflict in Ukraine has swiftly become a crisis on multiple levels. As well as the direct casualties of war, the humanitarian crisis within the country is escalating, as many are trapped in bunkers and underground stations without food and access to fresh water. Over one million people are estimated to have fled the country in search of safety, creating a refugee crisis of huge scale. This can feel debilitating for those of us at a distance. We wanted to draw together some of the ways we can be part of supporting those whose lives have been devastated by the conflict.*

### PRAY

As people of faith, we believe that prayer has power. Even at a distance, we can continue to hold those caught in the conflict in our prayers, committing their safety to God, and pray for peace. Here are a couple of resources which might help you pray for the situation as it unfolds:

[Prayers from Christian Aid](#)      [United Reformed Church Prayers for Ukraine](#)



### DONATE

A number of humanitarian aid initiatives have been established to deliver immediate and urgent support to people in Ukraine and refugees in the surrounding countries. The **Disasters Emergency Committee** is a coalition of over 15 aid organisations. Their appeal will be matched pound for pound by donations from the UK Government's previously allocated funds. [Donate here.](#)

### LEARN MORE

[Find out more about what is happening to refugees from Ukraine with UNHCR here.](#)

Unfortunately, the widespread use of social media and quick access to information can mean the rapid spread of misinformation. If you're unsure about the reliability of information you're reading, you can [head to Share Checklist and go through their guidelines.](#)

### SUPPORT

Over a million people have already been displaced as a result of the conflict. The government have launched a new scheme, where individuals can register to host a Ukrainian national for at least six months. They need to offer a bedroom in their home or other self-contained accommodation.

[You can find out more about the scheme here.](#)

As part of the scheme, hosts need a named refugee or family they would like to sponsor. If you would like to host but do not have this connection, use Reset UK's matching scheme, Homes for Ukrainians. [Click here to find out more.](#)

**Hannah Brown Campaigns and Church Engagement Officer for Joint Public Issues Team.**

# OPEN LETTER FROM CHURCH LEADERS TO BORIS JOHNSON AND RISHI SUNAK

issued on 20 March 2022

Dear Prime Minister and Chancellor,

## **Spring Statement and Energy Security Strategy**

As Church leaders from across the UK, we urge you to ensure a rapid shift from fossil fuels to clean energy in the upcoming Spring Statement and the UK's new energy security strategy. This plan needs urgently to tackle the climate emergency and the cost of living crisis affecting millions of the most vulnerable people in our country, including many of our Church members.

We welcome the UK Government's decision to ban Russian oil and gas imports, which are fueling the catastrophic war in Ukraine.

The UK has a duty to demonstrate global leadership on the climate crisis, as hosts of the recent COP26 climate summit and as we continue to hold the COP Presidency.

We call on you to use the Spring Statement to provide financial and fiscal support for renewable energy and energy efficiency, especially solar and wind energy and the retrofitting of homes and other buildings across the UK. These measures would reduce heating bills, decrease carbon emissions and increase our energy security.

The Spring Statement must include no support for new oil and gas developments. The International Energy Agency has stated that there can be no new fossil fuel developments if we are to limit global heating to 1.5°C. New oil and gas production will not deliver lower energy bills for families facing fuel poverty and will have no impact on energy supply for years.

We urge you to increase support for vulnerable households across the UK facing a cost of living crisis as a result of increasing food and energy prices, through measures including a windfall tax on oil and gas companies.

Many of our Churches have set 2030 net zero targets and are taking action to decarbonise our buildings, including through the installation of solar panels, heat pumps and other energy efficiency measures. More than 2,000 churches across the UK participated in Climate Sunday ahead of COP26 and called on the UK Government to unleash a clean energy revolution and limit global heating to 1.5°C.

Between them, UK Churches have more than £20 billion of assets under management. Working with other investors, Churches can make a significant impact in tackling the climate crisis and in supporting a fair and fast transition from fossil fuels to a clean energy economy.

The International Energy Agency stated last year that achieving the world's climate goals requires the finance flowing to renewable energy projects to treble by 2030. We call on the UK Government to implement the policies to enable this to happen.

Now is the time to end our dependence on fossil fuels and fund a fair and fast transition, which will secure our future economic prosperity and protect the livelihoods of vulnerable communities.

Yours sincerely,

*Over 50 church leaders including the former Archbishop of Canterbury*

### Anne's story: Overcoming obstacles

**Anne, 66, was living with her daughter, helping take care of her grandchildren. Sadly, Anne struggles with an addiction to alcohol and there was a catastrophic family breakdown. It became too much; Anne's daughter told her she had to leave.**

Anne contacted the council in the hope they would make sure she had a safe place to live as she had no options. Anne wasn't classed as being priority need so initially wasn't offered a place to stay. The housing system, hard to navigate at the best of times, was defeating her and she faced living on the street, which is when she came to us. We helped Anne talk to the council, proving they had a duty to give her a place to stay. She started to gather the documents required, but had a bad fall and went into hospital. Because of her stay

in hospital, she hadn't been able to provide the paperwork the council needed to place her and she faced being street homeless when she was discharged. So we paid for a safe place for Anne to stay, helped to her work out her options and collect together the paperwork she needed. We even bought her a mobile phone so she could keep in touch with us and then paid her deposit when she was offered a home. Anne has planted flowers on her small patio, but remains frail. We are walking with her, and she is making progress.



**Volunteers:** thank you so much

**We give thanks for, and to, all our wonderful volunteers! Slowly but surely, we've been able to bring more volunteers back after we had to ask them all to stand down during the pandemic.** Here are just some of the things our volunteers have been up to over the last few months! Packing and delivering food parcels, answering our homelessness prevention hotline and general enquiries line, sorting food and clothing donations, decorating Christmas trees, making welfare support calls to our guests in emergency accommodation, delivering fresh meals, offering IT and finance support, raising money and awareness, baking cakes, collecting donations, painting and decorating homes for our clients and much, much more. You are all simply wonderful and we look forward to continuing to welcome more volunteers throughout 2022!

**Save the date: Our annual service is on Thursday 5th May in the evening.** Please join us in person or online for our annual gathering to give thanks to God for the blessings we have received. More details to follow.

Donate today: [www.wyhoc.org.uk/donate](http://www.wyhoc.org.uk/donate)



We are trying to understand how we can help children and families fleeing war in Ukraine. We're very worried about this leading to spikes in human trafficking.

Working with our allies across the movement, we've [collated and shared resources, hotlines and advice for businesses](#), so that the right people have

advice on hand to share with those at risk. And those at risk of being trafficked know how to get help. In our 183 years, we have seen how **conflict increases vulnerability to trafficking** and many of the people fleeing Ukraine are ever more in danger of exploitation.

But there's an additional concern for those who've survived trafficking in Ukraine prior to the war. They may still be extremely vulnerable and now **find themselves at risk of re-trafficking**.

As those fleeing Ukraine disperse around Europe, we must all be on the [look out for the signs of trafficking](#). Thank you for standing with vulnerable men, women and children at this time of crisis.

Together, we can prevent trafficking now and in the future.

In solidarity with Ukraine,

Paul and the Team at Anti-Slavery International

[I want to help](#)

[Donate now](#)

[I want to spot the signs](#)

## **Churches Working Together**

*During this year we will be hearing from other Christians in our area about the life of their church. Last month we learnt about the local Baptists. This month we hear from Matt Penny writing on behalf of One YMCA..*

### **One YMCA**



One YMCA supports people in High Wycombe in two ways. One is through our Hostel at Crest Road (opposite Asda), where up to 141 people experiencing homelessness are housed. Everyone receives support to think about their future goals, live independently and have a stable place to access specialist support from organisations such as the NHS and local charities. We have a Team of Housing Support Workers, Chaplains and volunteers who work together with the aim of seeing people flourish in mind, body and spirit. One way we do this is through our Journey course, creating a safe small group environment facilitated by our amazing volunteer Chaplains. Over eight weeks, people explore the big questions of life, think about what changes they want to see in their lives, go on an overnight retreat and explore Christian spirituality.

We also offer activities for young people through clubs, mentoring and other programmes. These are provided by our Youth Workers and supported by volunteers. We have worked with local schools, colleges and Churches to create safe spaces for young people to gather as well as outreach activities in local parks. We offer services to young people, families and those experiencing homelessness across Herts, Beds and Bucks.

YMCA was founded in London in 1844 by George Williams, a 22 year old man who worked as an apprentice in the cloth trade. Seeing the hopelessness and despair that other young men were experiencing, he felt inspired by the Holy Spirit to pray for them and set up a Bible Study at his workplace. Many of the young men came to faith, then invited their friends along and soon there were events happening all over the Capital. YMCAs soon appeared across the country and within 10 years had become an international movement, seeking to bring and be Good News. Today, One YMCA still works to bring Good News to the people it serves and to colleagues through its Christian Mission Team. We do this through events, providing life-transforming pastoral and spiritual support in our Chaplaincy Team and by providing training.

To find out more visit [www.oneymca.org](http://www.oneymca.org) or get in touch with Matt Penny – Lead Chaplain ([matt.penny@oneymca.org](mailto:matt.penny@oneymca.org))



## Supporting Ukrainian Refugees

You may remember that three of the countries Link to Hope support are Ukraine and its neighbours Romania and Moldova. As a charity with projects and project managers already established in these countries, Link to Hope is well positioned to play an active role in supporting refugees from Ukraine. These include some of its own project managers who, after years of supporting others, have fled with their families and are now in need themselves.

A key priority has been housing refugees, with money being sent to buy beds, mattresses and bedding; plus fuel to heat the community centres where people are staying.

There are a number of canteens already set up which have been supporting local people for many years. These are now being expanded to feed considerably more people. On top of this, some of the project managers in Romania and Moldova are making regular visits to the border with supplies, and endeavouring to bring people back to safety.

Thank you for your donations. The UK team are all volunteers so every penny received is passed on.

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**The Cores End Link-Up Club** will be restarting on Tuesday 19 April. We will be meeting in the Lower Hall for afternoon tea, chat, games, and musical entertainment. Please come and join us at 2 pm until 3.30 pm. All are welcome.

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Once, all villagers decided to pray for rain. On the day of prayer all the people gathered, but only one boy came with an umbrella. That's **FAITH**.

When you throw babies in the air, they laugh because they know you will catch them. That's **TRUST**.

Every night we go to bed without any assurance of being alive the next morning, but still we set the alarms to wake up. That's **HOPE**.

We plan big things for tomorrow in spite of zero knowledge of the future. That's **CONFIDENCE**.

We see the world suffering, but still we get married and have children. That's **LOVE**.

On an old man's shirt was written a sentence "I am not 80 years old. I am sweet 16 with 64 years of experience." That's **ATTITUDE**.

## The GREEN Page



### **Trinity Church reaches bronze eco award**

Close on the heels of Cores End, Trinity Church has also been able to apply for a bronze award, another step in our eco journey. The Online survey has five areas: 1. Worship and teaching; 2. Buildings; 3. Land; 4. Community and global engagement and 5. Lifestyle. Cores End is at a Gold level with its worship and teaching and care of the land, but much weaker in the building and lifestyle sections. A plan at both churches in April is to ask members of both congregations to fill in a simple questionnaire - 'an environmental audit'. This can be done very easily online at There will also be also be paper versions for those who do not like using computers!

### **Next Work Party on the Cores End Meadow**

Thanks to everyone who helped plant the hedging in March. Our next work party is on Saturday 9 April (10 – 11.30 am). For more information contact Terry Hinks.



## SPECIAL EVENTS IN THAMES NORTH SYNOD

Thames North Synod of the United Reformed Church  
warmly invites you here on  
Saturday 28 May 2022 at 3.00pm  
for a  
**Service of Thanksgiving  
for the Life and Witness of**



Cup of tea and displays from 2.30pm  
the service will be followed by light refreshments  
**R.S.V.P.**

Geoffrey Roper - [ponderyounder@blueyonder.co.uk](mailto:ponderyounder@blueyonder.co.uk)  
Sally Thomas - [minister.stpaulsbayswaterurc@gmail.com](mailto:minister.stpaulsbayswaterurc@gmail.com)  
or through Lumen letterbox (on your right)



Come and Celebrate the **JUBILEE!**

Monday 30<sup>th</sup> May - Wednesday 1<sup>st</sup> June 2022

### **THAMES NORTH SYNOD YOUTH RESIDENTIAL at LAMBOURNE END OUTDOOR CENTRE in ESSEX**

Join other young people in our synod for 3 days of outdoor activities, games, bible stories and party excitement. Together celebrating the theme Jubilee.



Cost: £20 per person (excluding transport)

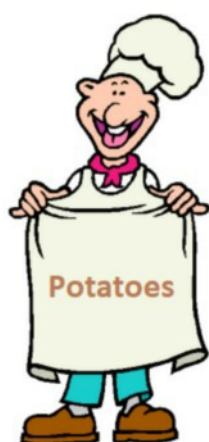
Age 11 - 15 years (must be in year 7)

Register your interest with Lorraine by 04/04/22.  
Spaces are limited.

[cydo@urcthamesnorth.org.uk](mailto:cydo@urcthamesnorth.org.uk)



# The Out-of-Lockdown School of Cookery



A Hasselback Potato is a jacket potato that looks like a hedgehog.

- 1) Take a potato and lay it on it's flattest side
- 2) Cut from the top to halfway down
- 3) Make a series of cuts like this about 5mm apart
- 4) Rub with oil
- 5) Bake in the oven or microwave or half and half.

*TIP: Put a grain of (uncooked) rice in each cut to help separate the slices.*



Potatoes originate in the Americas but are grown all round the world now.

Potatoes provide vitamin C, potassium, fibre and lots of other vitamins and minerals to our diet. The first potatoes arrived in Britain in the 1590's.

Potatoes are part of the nightshade family with tomatoes and aubergines.

Potatoes grow underground as a tuber attached to the roots.

Potatoes are a source of protective antioxidants.

The flesh of the potato is a source of carotenoids, which are good for our eyes.

Potatoes are low in fat.

New potatoes are picked early so they do not mature.

Sweet potatoes are not potatoes, they are tuberous roots and have different nutrients.

Floury potatoes have a type of starch called amylose.

Waxy potatoes contain less amylose.

Potatoes were never rationed during World War 2.

Green patches have higher levels of glycoalkaloids which are toxic in large quantities.

Potatoes are good value for money.

B	A	K	E	D	W	A	X	Y	A	W	N
O	J	A	C	K	E	T	B	K	E	L	C
I	D	R	A	W	D	E	G	N	I	K	A
L	E	A	A	U	G	R	A	T	I	N	K
E	I	X	U	D	E	R	D	C	T	J	E
D	R	Y	K	P	S	C	R	I	S	P	S
Z	F	M	A	S	H	T	S	A	O	R	P
M	A	R	I	S	P	I	P	E	R	F	U
S	E	I	T	T	A	T	N	V	T	U	D
P	J	E	R	S	E	Y	R	O	Y	A	L
I	F	R	E	N	C	H	F	R	I	E	S
H	C	R	O	Q	U	E	T	T	E	S	G
C	K	C	A	B	L	E	S	S	A	H	E

This wordsearch contains different varieties/styles of potato. How many can you find? (See list below)

AU GRATIN  
BAKED BOILED  
CAKES  
CHIPS  
CRISPS  
CROQUETTES  
DAUPHINOISE

FRENCH FRIES  
FRIED  
HASSELBACK  
JACKET  
JERSEY ROYAL  
KING EDWARD  
MARIS PIPER  
MASH

NEW  
RED  
ROAST  
ROSTI  
SPUD  
TATTIES  
WAXY  
WEDGES

*Thanks to Ann Wilkinson for this contribution.*

# Prayer Page



## Prayer for Fairtrade

*Dr Mark Dawson (Fairtrade Yorkshire)*

All loving God of justice and mercy, move your Holy Spirit within us:

To *consider* those who work to produce the goods that we enjoy, but who are not justly rewarded for their labour.

To *have care* for the producers who struggle to find the resources to feed their families, to send their children to school, or to live safely and comfortably.

To *be concerned* about the injustice which allows some people to amass great wealth, whilst others lack the basic needs of Life.

To *devote time* to think about the way in which we shop.

To *support* those traders and businesses who treat people fairly. To *witness* to Your loving care for creation in the daily decisions that we make.

And to *love you* by doing everything we can to treat all people with respect.

We pray in the name of your Son, that we too will stand with the invisible, the forgotten and the marginalised and share in the heavenly kingdom that is theirs. *Amen.*

## Prayer for Global Economic Justice

God of abundant love, grace, life. We turn to you in anger and lament. The state of the world lacks so much; economic injustice steals life - human, environmental, even space.

We know the richer get (much) richer, while the poor fall even more into poverty.

BUT it is not that there are poor nations - there are impoverished nations; or that there are poor people - they are impoverished people ... because the global economic system is based on injustice and lies and stealing.

We turn to YOU - when you said "it is good" you meant it! Natural resources, sea resources, human creativity, and talents ... there was so much there, and in living together this was multiplied and life was filled with laughter, dance, hope, empathy. Then sisters and brothers were enslaved, nature was exploited, air was poisoned, and wealth was worshiped as deity and accumulation became the norm: those who have *are*; those who don't have are *not*. Creator, you continue to remind us that your way is best, and until it becomes our way there will be injustice. In hope we seek you: may your love inspire us to love and grow together in respect.

*Amen.*



## Picture Page



Some members of the work parties that planted 60 native hedging plants in March on the Cores End Church Meadow.



The first of our Thursday Walks from Trinity, arranged by Terry

.....  
Please continue to send in your photos to [photos@trinity-urc.org.uk](mailto:photos@trinity-urc.org.uk)