



Trinity - a place to belong

Spirituality - Prayer – Community – Welcome

Church website: <http://www.trinity-urc.org.uk>

OCTOBER 2018

Table of contents

| | |
|----------------------------------|----------|
| Pastoral letter | 3 |
| News of the Church Family | 4 |
| Details of this month's services | 5 |
| What's on | 6 & 9 |
| The Cores End Page | 8 |
| Church Life | 9 to 14 |
| The Wider Church | 15 to 18 |
| Prayer page | 19 |
| Who's Who | 20 |

The next edition of Trinity Times will be published on 29th October. All contributions should be submitted by Sunday 22nd October.



<http://www.trinity-urc.org.uk>

Pastoral letter

Dear friends,

This autumn we are focusing on what it means to be disciples of Jesus today, both as individuals and a church community. We'll be doing this in our Sunday worship and especially in the autumn course which begins on Tuesday 2 October. Do come and share in these discussions, as we explore what habits help and hinder us in our following of Christ.

The course will be introducing us to a way of thinking about the habits that can be developed within our lives that bring new life and depth to our Christian life today. It comes especially from the picture of the church in the Acts of the Apostles, where the new disciples of Jesus gather together to listen to the teaching of the apostles, to share food and resources, prayer and worship, impacting on the life of the community around them.

In developing this theme of 'holy habits' or 'habits of faithfulness' Andrew Roberts identified ten habits in Luke's picture of the early church, following the day of Pentecost and the outpouring of God's Spirit. These habits built up both the individual believers and formed a powerful serving and witnessing community. The habits are: Biblical Teaching; Fellowship; Breaking of Bread; Prayer; Giving (sharing of resources); Service; Eating Together; Gladness and Generosity; Worship; Making More Disciples. Quite a list!

It is good to see how many of these habits are well established in the life of Trinity already. I know for example the importance of prayer to many of our members and the many different ways in which this is expressed. The prayer chain and circle, prayer ministry after Sunday worship are a few examples. Yet can we not go deeper in our prayer support for each and those in need around us? Can we not extend our picture of prayer from a list of needs to an encounter with the wonder and mystery of God, both in word and in silence. Please pray that our exploration of these habits is fruitful and creative, helping us all, whatever our age or experience or personality to walk the way with greater trust, confidence and joy.

A handwritten signature in black ink, appearing to read "Terry", with a stylized flourish underneath.

News of the Church Family

Not included in this version

Coffee servers: Please note that we appreciate all your wonderful efforts to serve coffee every Sunday, but could you make sure you empty and rinse the drip tray on the urn every week, as it gets quite nasty if left. Thanks so much.

Anne x

This month we would like to wish a

HAPPY BIRTHDAY TO

Andrew L (1st)

Claire B (2nd)

Richard H (5th)

Matthew S (19th)

With love from us all at Trinity

Worship at Trinity

Sunday Worship at 10.30 am (with activities for children):

| | |
|------------|--|
| 7 October | Worship and Communion led by Terry Hinks |
| 14 October | Morning Worship led by Colin Hutt |
| 21 October | Morning Worship led by Terry Hinks |
| 28 October | Morning Worship led by Bridget Powell |

Worship is followed by refreshments to which all are welcome

Our Prayer Ministry is available after worship each Sunday morning. For more information please speak to Marian Mole or the minister.

Next Afternoon Communion is on 14 October at 4 pm

Midweek Prayers at 9.30 am on Wednesdays 3 and 17 October in church (half an hour of prayer together).

The Prayer Circle

The circle next meets on 25 November at 4 pm. The group is committed to pray regularly for people in need. If you would like to join the group (or have prayer requests) contact Terry Hinks.

Service of Remembering and thanksgiving

A half-hour reflective service to remember those who have died and bring comfort to the bereaved, followed by refreshments **on**

Sunday 4 November at 4.00 pm.

If you would like someone who has died remembered by name within the service please add their name to the list in church or contact Terry

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What's on this month

Regular events

Every Sunday where possible

- Prayer ministry after the service

Every Tuesday

- Movers and Shakers Chinese Style (light exercise, a talk or activity and lunch) 10 am – 1 pm
- The Tuesday Meeting (small, friendly fellowship group) 2.30 - 4.30 pm

Every Thursday

- Pilates well-being class every Thursday 1:00 pm – 2:00 pm
- Guides every Thurs (term time only) 7:30 - 9:00 pm

Every Friday

- Movers and Shakers, Caribbean style (light exercise, a talk or activity and lunch) 10 am – 1 pm
- Rainbows every Friday (term time only) 5:15-6:15 pm
- Brownies every Friday (term time only) 6:15-7:30 pm

Every month

- Saturday Café (first Saturday of the month only) 11:30am – 1:30pm

To find out more about any activities held at Trinity, please talk to Revd Terry Hinks or Kate Yates (Church Secretary)

See page 9 for full details of this month's events.

Forthcoming events

| | | |
|--------------------------|---|--------------------------|
| Tues 6th Nov | Autumn course: Exploring "Eating together" through film | 7:30 - 9:30 pm |
| Sat 17th Nov | Quiet morning at Cores End | 10 am - 2 pm (inc lunch) |
| Sat 24 th Nov | DIY Day | 10 am - 3 pm |

What's on . . . this month

Tuesday Meeting

All meetings in the Meeting Place at 2.30 p.m.

| | |
|----------------------------------|---|
| Tuesday October 2 nd | Harvest |
| Tuesday October 9 th | Shoebox |
| Tuesday October 16 th | Shoebox |
| Tuesday October 23 rd | G.K.Chesterton |
| Tuesday October 30 th | “Shooting” in the Serengeti (with a camera!) Angus Massie |

Trinity Bookworms

The next meeting will be at Marian's house at 2pm on Wednesday 3 October at 2pm to discuss 'The Finkler Question' by Howard Jacobson.

Coffee & Chat

Coffee & chat will be meeting at Noma's house on Wednesday 17 October at 10.30am to fill Shoeboxes for the Link to Hope charity.

Cores End Church

250th Anniversary celebrations

The church continues its Anniversary celebrations. Worship at the beginning of September was led by the local vicar, Janet Binns, challenging the church to take new steps of faith. Alan Yates is leading worship on 7 October and the series will end in November with worship being led by the church's minister, Terry Hinks.

Walk and Songs of Praise

24 people took part in the Walk on a lovely sunny day in September. Others joined in with the tea and short Songs of Praise service that followed; a very enjoyable event bringing members of the two congregations together.

Anniversary Concert

This concert is to be held on 6 October at 7.30 pm. Members of the church will take the audience on a musical journey from 1768 (the year the church was founded) to modern times, giving a little bit of local history on the way. There will be an interval for refreshments and it should be great fun. Admission is free, with any donations going to Wycombe Homeless Connection. Do come if you can.

Building challenges

Work on the two church halls has been continuing through September and should now be completed by mid-October. The congregation has been raising funds to help cover the cost of the project, which is in the region of £45,000. The work has been vital to make the halls safe and sound for the years ahead.



Remember to put your clocks **BACK** one hour when you go to bed on Saturday 27th October!

What's on this month

| | | |
|---------------|--|-------------------|
| Tues 2nd Oct | Autumn course "Follow me" - the adventure of discipleship | 7:30 - 9:30 pm |
| Wed 3rd Oct | Trinity prayers | 9:30 - 10 am |
| Sat 6th Oct | Concert at Cores End - proceeds to Wyc Homeless Connection | 7:30 - 9:30 pm |
| Mon 8th Oct | Trinity Elders meeting | 7:45 pm - 9:30 pm |
| Tues 9th Oct | Autumn course Exploring "Holy Habits": what nurtures our discipleship together | 7:30 - 9:30 pm |
| Sun 14th Oct | Traidcraft | Noon - 12:30 pm |
| Tues 16th Oct | Autumn course: Focus on "Eating Together: breakfast on the beach" | 7:30 - 9:30 pm |
| Wed 17th Oct | Trinity Prayers | 9:30 - 10 am |
| | Private booking | 7:30 - 9:45 pm |
| Sat 20th Oct | Synod at High Cross Tottenham | 10:00 am - 4 pm |
| Sun 21st Oct | Collection of Link for Hope shoeboxes during morning worship | |
| | Revd Terry Hinks' book launch and tea at Trinity | 3:30 - 5 pm |
| Sat 27th Oct | Church & Society Network Day @ Grange Park URC London | |

STARTING THIS MONTH

GROWING TOGETHER

Exploring ways that help us truly live the Christian Life



Tuesdays at 7.30 pm
from 2 October 2018
at Trinity Church (use side entrance)

- | | |
|-------------|---|
| 2 October | 'Follow me': the adventure of discipleship |
| 9 October | Exploring 'Holy Habits': what nurtures our discipleship together? (Acts 2. 42 – 47) |
| 16 October | Focus on 'Eating together': 'Breakfast on the beach' (John 21. 1 – 14) |
| 23 /30 Oct | <i>No session these evenings</i> |
| 6 November | 'Banquet for all?' (Luke 14. 15 – 24) |
| 13 November | Exploring 'Eating together' through film |
| 20 November | <i>No session this evening (Church Meeting)</i> |
| 27 November | Closing session: a shared meal Where next in the adventure? |



**Sign up on list in church or for more information
contact Terry Hinks (01628 525076)**

Praying the Way

with Matthew, Mark, Luke and John



Terry Hinks

Praying the Way

Terry Hinks

to be published on 19 October 2018 (BRF)

Through raw and authentic prayers, based on the gospel stories, Terry Hinks leads readers into the heart of the gospels, the more clearly to see the needs and joys of today's world. This highly original book helps readers to pray out of, and with, the words of Jesus and to discover the joy of prayer as a two-way conversation - listening as much as speaking to God.

AFTERNOON TEA AND BOOK LAUNCH

at Trinity United Reformed Church, on Sunday 21 October 3.30 – 5 pm

RSVP Elizabeth Hinks 01628 525076

elizabeth.hinks26@gmail.com

Churches Visitor & Tourism Association

Annual Conference & AGM 2018

The Old Palace Worcester: Saturday 13 October

The opportunity to spend the day with a variety of practitioners thinking and talking through how Church buildings are and can be used by organisations and interests for the benefit of those who live in the locality, for visitors and for tourists.

For information and to book visit: www.cvta.org.uk

Or email: canonjbrown@mac.com

Link to Hope Shoebox Appeal Christmas 2018
Keep collecting!



Trinity Church is taking part in Link to Hope Shoe-box Appeal as we were last year. You are invited either to fill a shoebox yourself (leaflets available in church), work with others to do so or bring a few items to church for a collective box. *(If you can't get hold of a shoebox, please talk to Kate Yates.)*

Link to hope distributes the boxes to people in desperate need living in Eastern Europe at Christmas (both families and elderly people). The collection date this year is 21 October, when Daphne Stopforth from Cores End URC will be joining us to collect your boxes. Thank you for your support

LEAFLETS AVAILABLE WITH MORE DETAILS
PLEASE BRING YOUR BOX TO CHURCH ON
SUNDAY 21 OCTOBER
(or before if you cannot come on that date)

Helping poor and marginalised people Link to Hope is a Christian charity which believes in distributing love to those in need regardless of background, colour, creed or religion. They help the poorest and most marginalised people through education and social care, and aim to change lives by releasing communities out of poverty. They work year round, shoeboxes being just one of their many activities.

If you would like to contribute, please fill a shoebox with items from one of the lists on the next page. You can fill a box either for a family, or for an elderly person. A contribution of £2 is also requested towards distribution costs - if you are a tax payer, please gift aid.



Shoebox for a Family

Gloves, scarves, hats
(new or knitted)
Sweets/chocolates

(Best before Jun '19 EU origin)
Soap & flannel
Toothbrush/Toothpaste
Colouring books/pens/felt tips
Small toys – yoyo/skipping rope/toy car
Teddy/doll/soft toy
Candles & holders
Screwdriver/tape measure/DIY tools
Small games – travel size draughts/dominoes & playing cards, etc.
Shampoo/shower gel (max 300ml each)
Craft/sewing kit
Socks/tights (new)
Hair accessories
Safety razors/plasters
Wind up torch/radio
Foldable brush/comb & mirror
Simple calculator (solar powered)
Nail clipper/small scissors
Hot water bottle

Shoebox for an Elderly Person

Gloves, scarves, hats (new or knitted)
Sweets/chocolates (Best before Jun '19 EU origin)
Soap & flannel
Toothbrush/Toothpaste
Reading glasses/small magnifier
Wind up torch/radio
Pens & writing pads
Candles & holders
Sensory items – lavender bag, etc
Small games – travel size draughts/dominoes & playing cards, etc.
Shampoo/shower gel (max 300ml each)
Craft/sewing kit
Socks/tights (new)
Safety razors/plasters
Nail clipper/small scissors
Foldable brush/comb & mirror
Shopping bag – strong cotton cloth
Mug/wooden spoon/cutlery
Cloth hankies (men's sizes)
Hot water bottle



Trinity Church

Cores End Church

QUIET MORNING



at Cores End United Reformed Church

Saturday 17 November 2018

10 am – 2 pm

Worship, Bible exploration, reflection, stillness

Including a simple lunch of soup and bread

The event is open to all and free of charge
(donations welcome towards cost of lunch etc.)

For more information contact Terry Hinks

01628 525076 minister.trinity.coresend@gmail.com



21st - 28th October

GREEN PAGE

CARING FOR GOD'S EARTH

Ian and Pamela Gamble, members of Northchurch Baptist Church in Hertfordshire came on Sunday 23 September to speak about a Rocha, the vision behind Eco Church scheme and Christian concern for the environment. We have committed ourselves to become an Eco church as we care for the planet. The website for Eco Churches at www.ecochurch.arochoa.org.uk

FINDING THE PATH AND WALKING GENTLY TOGETHER

Green Christian 'On the Road' 2018 Bristol Event
on Saturday 6 October 11 am – 4.30 pm
at Faithspace, Redcliffe Methodist Church, Prewett Street, Bristol,
BS1 6PB

Sessions on:

- **The Green Christian Way of Life** provides a framework of four disciplines – Prayer, Living Gently on the Earth, Public Witness and Encouragement – by means of a dispersed Community of Companions. It has been described as the “spiritual heartbeat” of Green Christian. Come and discover new resources and share our experiences of using the disciplines as an aid to our ongoing spiritual journeys.
- **Joy in Enough:** is our campaign presenting a vision for a society dedicated to human flourishing and the common good, rather than the constant pursuit of more. Recognising the value and limits of the natural world, we aim to harness the imagination of people in churches and beyond. We will share latest plans for developing the campaign, and give you a taster of one of the modules in a learning guide we are preparing for church groups to explore these issues.

The day is open to all who are interested in finding ways to participate in the work of Green Christian. Cost free, but donations on the day welcome.

Booking is essential as space is limited:

<https://greenchristian.eventbrite.co.uk>
0345 459 8460 www.greenchristian.org.uk



Safe Car Wash App

to help fight modern slavery

United Reformed Church members are being encouraged to download a free app to help fight modern slavery.

The Safe Car Wash App, launched in June, is designed by the Church of England's The Clewer Initiative and the Catholic Church's anti-slavery project, the Santa Marta Group.

When opened, the app takes people through a series of indicators of modern slavery; ranging from whether workers have suitable protective clothing – to behavioural clues, such as whether they appear withdrawn. If the answers indicate a high likelihood, users will be directed to the Modern Slavery Helpline on 08000 121 700. (*Important: You should not confront anyone at a hand car wash, and make sure you are in a safe place before making the call. If someone is in immediate danger then call 999.*)

Notes

Data from the app will be anonymised and shared with the National Crime Agency (NCA) and the Gangmasters and Labour Abuse Authority (GLAA).

A decade ago there were few hand car washes in the UK, but estimates now suggest that there are more than 18,000 in Britain's high streets, at the sides of motorways, and on abandoned garage forecourts.

Many are run as legitimate businesses, but some exploit, force and threaten their workers, trapping them in modern slavery. No reliable data currently exists as to the scale of the problem, with the result that subsequent responses have proved inadequate.

For the first time ever, the organisers of the High Wycombe May Fayre on the Rye bring you...

The Grand Auction Evening

Saturday 13th October 2018

7pm-11pm

**Venue: Christ the Servant King Church,
Sycamore Road, High Wycombe, HP12 4TJ**

ALL WELCOME - Tickets £10

Amazing prizes donated by

| | | |
|-------------------------------|------------------------|-----------------|
| Carpetright | House of Fraser | WH Smith |
| Sofa.com | Booker Airfield | Waitrose |
| Dixon's/Carphone | Blue Earth Food | Nando's |
| Hovis | New England | EAT |
| Museum of London | Seafood | |
| Chiltern Railways | Harvey Nichols | |
| The Gym Group | Neales Taxi | |
| M&S | Winser London | |
| Specsavers | Wyevale | |
| Wyc. Heights Golf Club | Garden Centre | |
| Holiday Inn | Wagamama | |
| Roccola Hair | Adorn Beauty | |

It's all for charities, including:

| | |
|------------------------------------|------------------------------------|
| Wycombe Homeless Connection | Drugfam |
| One Can Trust | Wycombe Refugee Partnership |
| | Saunderton Lodge |

Tickets include food & entertainment. There will be a cash bar.

Prizes include a top of the range iPad, LED TV, restaurant vouchers, fine wines, gym memberships, days out and more!

To book tickets online or get more information please visit the St Augustine's High Wycombe Facebook Page.

If you have any questions contact:

Tony: tony.baron@santec.com / 07813 516689

Trina: trinar@btinternet.com / 07974 000143



News from Embrace the Middle East

Syria: Comfort for families who have lost everything

In the space of 48 hours, everything changed for four brothers who lived with their families in a wealthy suburb of a Syrian city. Their homes, cars, and food were destroyed by shelling, and their lives were turned upside down. First they felt shock, and then fear about what might happen next if they stayed.

The families left together, leaving behind everything, including their dreams. They moved to the relative safety of a new city, finding one apartment for all four families to share (16 children plus parents and grandparents). The rent is highly inflated as a result of the conflict, and they have to pay it on a daily basis or they will lose the apartment.

They were not welcomed in the new neighbourhood, and they feel alone and “naked”. The families have had to resort to knocking on doors and begging for hand-outs, and their new neediness and vulnerability is extremely difficult for them to adjust to, particularly for the older generation. Various family members started suffering from stress related ailments, including ulcers.

A pastor who coordinates an LSESD (Lebanese Society for Educational and Social Development) relief project went to visit the families in the apartment.

When he asked them what they needed, they replied: *'First, we want to be treated like human beings, not like animals.'*

The men were Christian, and during the visit he prayed with the family members who were sick.

One of the young men told him: *'My mind is confused; my brain has stopped. I can no longer think ahead. How can I rebuild my life, when I now have no home and no money?'*

The pastor replied that there is hope, because Jesus gives us hope. He went on to discuss the Bible with the family, and shared that sometimes Jesus gives enormous challenges so that people will return to Him.

Since the time of the pastor's first visit, the family has received some food assistance through the church and a few of the family members have started to attend Bible study sessions.

Prayers for October

Heavenly Father, lord of the storm and tempest, of summer and winter, day and night, seed-time and harvest, sunshine and rain, forest and field, flowers and fruits, and all things that have been, are now and are to be, accept the thankfulness and worship of your children.

Forgive their ignorance and arrogance in the way they have often mistreated your gift of this universe and world so that land, sea and air have become polluted, plants and animals lost and people made hungry and homeless. Increase their understanding and wisdom so that those with most learn ways of doing with less and science and technology may be used for the good of all. *Amen.*

To all made homeless by drought, fire and floods

Bring help and relief, Lord.

To all torn from home by war

Bring a safe resting place, Lord.

To all broken families and lost, lonely people

Bring comfort and hope for the future, Lord.

Heavenly Father, we pray for the world-wide church that all its branches regardless of individual doctrine and tradition may work together to reveal that your love is for all people throughout the world. We pray that we may fulfil our small part in our community as we pray together, study together and encourage other in living the way Jesus showed us and the early church taught. Help us to help each other and those around us without showing any favour to one above another. In Jesus' Name. *Amen.*

Above all, Heavenly Father, we thank you for sending us your Son to die on the cross, spreading his arms to embrace the world and in your mercy to open the way back to you for all believers. *Amen.*

Who's who

Minister

minister@trinity-urc.org.uk

Secretary

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Lettings

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Treasurer

treasurer@trinity-urc.org.uk

Magazine editor

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Junior Church

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Tuesday Meeting

tuesday.meeting@trinity-urc.org.uk

Bookworms

bookworms@trinity-urc.org.uk

Coffee & Chat

coffeeandchat@trinity-urc.org.uk

Prayer Circle

prayer.circle@trinity-urc.org.uk

Prayer requests

minister@trinity-urc.org.uk

Saturday Café

saturday.cafe@trinity-urc.org.uk

Home Groups

home.groups@trinity-urc.org.uk

Guiding Units (all sections)

guides@trinity-urc.org.uk

Church contact number

☎ 01494 520365 (answer phone)