



# TRINITY TIMES

**Community Edition**



**Trinity - a place to belong**  
**Spirituality - Prayer - Community - Welcome**



Church website: <http://www.trinity-urc.org.uk>

**JUNE 2018**

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The next edition of Trinity Times will be published on 24th June All contributions should be submitted by Sunday 17th June.



<http://www.trinity-urc.org.uk>

## ***Pastoral letter***

Dear friends,

Have a seat!

The invitation is one of the simplest there is, but it invites us to sit for a while, to spend time together, perhaps just to talk or to share a cup of tea, or to eat together. It invites us to stop and to give attention to each other, to relax and receive.

Your generous giving in April raised sufficient money to cover the cost of all thirty new chairs in the room behind the sanctuary (now called 'The Meeting Place') The refurbishment has been aimed at making people more comfortable and at ease in a space that is attractive, warm and welcoming.

Despite all the benefits of technology in connecting people, there is a different quality about people sitting down together, face to face, sharing experiences and ideas. We need to make more opportunities in our church's life to come together in this way. It is also good that we can support groups that bring together people from across the wider community. Isolation and loneliness is a huge challenge within our society today.

The story of the early church in Acts is full of times when people gathered together to hear the apostles teach and to eat together. Those gathering become opportunities to learn and to grow, to draw strength from each other and from Christ, to know God's Spirit and power. That same Spirit is at work among us today, drawing us together and sending us out with fresh generosity and compassion.

Have a seat and share your story. Know that Christ is with you now.

A handwritten signature in blue ink, appearing to read 'Ten', with a stylized flourish underneath.

# Worship at Trinity

## **Sunday Worship at 10.30 am (with activities for children):**

*Worship is followed by refreshments to which all are welcome*

3rd June - Rev Terry Hinks - Communion

10th June - Rev Mike Wallace

10th June - 4pm Rev Terry Hinks - Communion

17th June - Barbara Sparks - All age worship

24th June - Amersham worship team

## **Midweek Prayers at 9.30 am on Wednesdays 6 and 20 June in church** (half an hour of prayer together).

Our Prayer Ministry is available after worship each Sunday morning. For more information please speak to Marian Mole or the minister.

## **The Prayer Circle**

The circle next meets on 27 May at 4 pm. The group is committed to pray regularly for people in need. If you would like to join the group (or have prayer requests) contact Terry Hinks or Audrey R.

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## What's on this month . . .

Sun 10th June	Traidcraft (2nd Sunday of month) (Lower Schoolroom)	Noon - 12:30 pm
Wed 13th June	Worship Planning meeting (The Meeting Place)	8:00 pm - 9:00 pm
Sat 23rd June	Church DIY day (Sanctuary, Lower Schoolroom, Crendon Hall, Kitchen)	10:00 am - 4:00 pm

## . . . and next

Tues 3rd July	Lighthouse Leaders briefing	**7:30 pm -9:00 pm
	<i>**Car park charges end at 7 pm. Please arrive as soon as possible thereafter for a prompt start.</i>	
Wed 4th July	Trinity Elders meeting (Lower Schoolroom)	8:00 pm - 9:30 pm
Sun 15th July	Joint Church Walk with Cores End and Songs of Praise & tea	Afternoon
Tues 17th July	Church meeting	8:00 pm
Mon 30th Jul to Fri 3rd Aug	Lighthouse	

## . . . and later

Sat 6th Oct	Cores End concert	7:30 pm
Sat 13th Oct	DIY Day	10:00 am - 3.30 pm

# What's on . . . this month

## Trinity Bookworms

The next meeting will be on Wednesday 6 June 2pm to discuss 'Schindler's Ark' by Thomas Kineally.

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### Coffee & Chat

No meeting this month

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### Tuesday Meeting

All meetings in The Meeting Place at 2.30pm,

Tuesday June 5th Welcome Back and Catching Up.

Tuesday June 12th Another look at The Prodigal Son

Tuesday June 19th Picture Quiz

Tuesday June 26th Goa – Photos and more - Angus Massie.

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### Regular events

#### Every Sunday where possible

- Prayer ministry after the service

#### Every Tuesday

- Movers and Shakers Chinese Style 10 am – 1 pm
- The Tuesday Meeting 2.30 - 4.30 pm

#### Alternate Wednesdays

- Trinity Prayers (First and third Wednesdays each month) 9.30 - 10 am

#### Every Thursday

- Pilates well-being class (term time) 1 - 2 pm
- Trinity Guides (term time) 7.30 - 9 pm

#### Every Friday

- Movers and Shakers, Caribbean style 10 am – 1 pm
- Trinity Rainbows (term time) 5.15 - 6.15 pm
- Trinity Brownies (term time) 6.15 - 7.30 pm

#### Alternate Saturdays

Saturday Café (First and third Saturdays each month) 11.30 am - 1.30 pm

*To find out more about any activities held at Trinity, please talk to the minister or church secretary.*

# News of the Church Family

**Not included in this version**

# **Cores End Church**

## **250<sup>th</sup> Anniversary celebrations**

The church launched its Anniversary celebrations at the beginning of May and welcomed Julian Macro (minister at the church back in the 1970s) to lead worship on the Sunday 6 May. The outside of the church looked wonderful with all the knitted flowers Beryl and her team had created.

## **Community May Day Party**

The church's Community Party was held on a glorious sunny Bank Holiday. It was a scorcher of a day, which may have affected numbers, but enjoyed by all who came.

## **Walk and Songs of Praise**

Cores End will again be hosting a joint walk followed by tea and Songs of Praise worship on the afternoon of Sunday 15 July. The walk is a circuit beginning at Cores End at 2.30 pm and crossing the fields to Hedsor, then up Harvest Hill to the Chequers and back down through Wooburn Town. The walk is about 4 miles. Those unable to walk are still very welcome to come to the tea at Cores End at 4.30 pm and share in the short act of worship at 5.00 pm. Do invite friends and family to join us.

### **NEWS FROM THE CHILTERN GROUP**

The Annual meeting of the Chiltern Group was held at Amersham Free Church on Saturday 12 May, where news from the churches was shared and areas of work discussed. After a very enjoyable lunch people shared in an interesting workshop on new perspectives on pastoral care, led by Revd Dr Sam White from Westminster College. Closing worship was led by the Amersham minister, Ian Green, with Sam White preaching and encouraging everyone to offer the small gifts as part of God's caring work today.



## Scams

There are numerous phone scams around at the moment which look as if they are coming from UK numbers.

The latest I've had is a recorded message saying that my broadband had been compromised and I would be cut off unless I pressed "1" to speak to a technician.

As a general rule of thumb, **NEVER** respond to cold calls. Some of them are very convincing.

**If** you get a call supposedly from your bank, or any service provider, saying there is a problem, or you've won some money, or anything that seems suspicious, take the number and say you'll ring back, but don't do it straight away. Check what the correct number is for your bank, or service provider, and ring them after a few minutes, preferably from a different phone.

**NEVER** give your PIN number or personal details to a cold caller.

*Kate*

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## Out with the old . . .

### Refurbishment

The Lower School Room refurbishment was completed on Wednesday 9 May and was back in use on Thursday 10 May. Thank you to all our hirers and users who have patiently put up with using other rooms, or not meeting, during the works.

## . . . and in with the new

### Renaming

After at least 15 years of intermittent discussion, church meeting voted on Tuesday 15 May to rename the Lower School Room as "The Meeting Place". Several names were proposed and after discussion final votes were taken.

Our literature, website and calendar will be updated as soon as practical to reflect the change, and the intention is also to have proper name plates put on the doors into "The Meeting Place" (and The Sanctuary).

*Kate*

## Pastoral lists - June 2018

**Not included in this version**

**Not included in this version**

## LIGHTHOUSE PRAYER TEAM

**Wanted:** Prayerful people to join the Prayer Team for Lighthouse High Wycombe, at Highcrest Academy, Hatters Lane during the week 30<sup>th</sup> July to 3<sup>rd</sup> August 2018. Prayer is strategic to the work of introducing Jesus to the children of the town. Please contact Alan or Maria on 01494 451 620 if you have any questions, or email [alanedmo@googlemail.com](mailto:alanedmo@googlemail.com) with "Lighthouse Prayer Team" as your subject.

### FURTHER INFORMATION

Prayer Team during Lighthouse week: Volunteer for a morning, afternoon, a day, all week, or at home. But please consider being on site during the week, **we need you!**

Meanwhile: You can pray now during your ongoing prayer time and we will contact you with matters to pray for once you have signed up.

To sign up: visit [www.lighthousecentral.org](http://www.lighthousecentral.org) , select "Volunteer Registration", scroll down to the "P's" and click on "Prayer Team" and fill in the form.

God Bless you,

Kind Regards,

Alan & Maria Edmondson

## **ONE CAN Urgent needs**

ONE CAN's volunteer store manager says that they have less than one months supply of food in their warehouse, and donations are down....

And the summer holidays will be here before we know it. They are a particularly hard time for many families if they struggle to put food on their tables. Summer Hunger is a rising problem in the UK and thousands of children will miss out on meals this year.

Particular needs are:

Tinned ham/corned beef; tinned potatoes; round pies  
Tinned tomatoes; rice (500g or 1kg); tinned fruit; UHT milk  
Shampoo; toilet rolls  
Tinned meat meals (stew chilli curry etc)  
Puddings: rice pudding, custard, jelly, angel delight

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## **Civic Service Thanks**

Trinity hosted the Mayor of High Wycombe's Civic Service at the end of April. The Mayor, Councillor Brian Pearce spoke a little of his Mayoral year and read the meditation 'Desiderata' (Things desired) by Max Ehrmann. The congregation reflected on the life of the town and things we desired for it and the world as a whole. One of the phrases from the poem, 'Do not be cynical about love' echoed the New Testament reading which spoke of God as love and that we love because God first loved us. That love for God has to be expressed in our love for others and especially the vulnerable and marginalised. The civic party very much enjoyed sharing in refreshments. The service was followed by the 'beating of the bounds' in which Matthew and Samuel took a special part (being 'turned upside down above the bouncing box at each of the boundary markers). After the event the Town Clerk, Bill Reid wrote to thank Trinity for hosting the Civic Service and 'offering such a warm welcome'.



## ZIMBABWE

### The snake in the river

Have you heard the story about the big snake in the river? Zimbabwe folklore says that you must ask permission from the snake to use the water in the river otherwise it will destroy your garden.

There is no big snake in the year-long free flowing river next to the Mthombowesizwe Garden project in Insiza district, South West Zimbabwe, but there is evidence of much hard work.

The garden project started in 2011 with the help of ZimPro, a Christian Aid partner. There are thirty-one people in the project, all with different stories to tell. Of those thirty-one, twenty-two are women and nine men. They all work together but each have their own strips of land.

Originally, it was set up as a nutritional project but now the yields are such that they have food left over to sell at local markets, schools and mines. They grow a wide variety of crops including carrot, butternut squash, onion, beetroot, spinach, okra, choumoliar, and beans for their own consumption. Selling the surplus has enabled some of them to build up small goat herds. They are then able to sell, barter or pass on the offspring and use this money for essentials.

Medelina spoke of the problem of animals getting in before they had the garden. Working with ZimPro, they realised a fence would make all the difference, so they were helped to erect a wood fence.

“We get enough to pay for what we need and send our children to school because we can pay the school fees. We sell in local markets or we barter. Our lives have changed, even our children’s lives have changed and our houses too. Now we have plenty to eat and people are healthier.” Medelina wants a bigger garden so they can do more. At present, each person has four strips but imagine what they could do if they had six or eight strips.

This garden relies on the stream running very close to the plot. This is where they take the portable solar pump, get water and pump it to a large tank in the garden. It then gets sent to four troughs dotted around the plot, where they use buckets to water the crops making life much easier. All the group members were thankful for the help and support of ZimPro that has made such a difference to their lives.

# Prayers for June

Be joyful always, pray continually, give thanks in all circumstances, for this is God's will for you in Christ Jesus. 1 Thessalonians vv16-18. {NIV}

Paul's advice is always straightforward but difficult to follow. We are not always joyful, we sometimes forget to pray and we do not always feel thankful. In all the ups and downs that June will bring may we be joyful in remembering that our God is always with us, may we pray for the troubles in our own lives and in the world as they happen around us and may we remember to be thankful for all the good things and even for the things that at the time seem not so good. Sometimes it is the little things that count so apologies to those who recognize the following bit of verse which follows.

Thank you, God, for little things,  
Spiders' webs, butterfly wings,  
Blades of grass, snail shells,  
Rose petals, bluebells,  
Trembling dewdrops, bits of grit,  
Buttercups, cuckoo spit,  
Buzzing bees, hover flies,  
Finger nails, shining eyes,  
Wisps of hair, toes that wriggle,  
Smiling lips, a sudden giggle,  
Tadpoles, fluffy chicks,  
Quiet breaths, a clock that ticks,  
Beech mast, apple pips,  
Light switches, microchips,  
Tea bags, grains of rice,  
Coffee beans, sugar mice...  
I know, dear friends there's many more  
Tiny things to be thankful for,  
If your favourite isn't here,  
Add it on, and with good cheer  
Praise and thank the Lord again  
With a loud and glad "Amen".

O, give thanks unto the Lord, for he is good: for his mercy endureth for ever. Psalm 107 v.1. {KJB}

# Who's who

**Minister**

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**Secretary**

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**Junior Church**

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**Tuesday Meeting**

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**Bookworms**

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**Coffee & Chat**

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**Prayer Circle**

[prayer.circle@trinity-urc.org.uk](mailto:prayer.circle@trinity-urc.org.uk)

**Prayer requests**

[minister@trinity-urc.org.uk](mailto:minister@trinity-urc.org.uk)

**Saturday Café**

[saturday.cafe@trinity-urc.org.uk](mailto:saturday.cafe@trinity-urc.org.uk)


**Home Groups**

[home.groups@trinity-urc.org.uk](mailto:home.groups@trinity-urc.org.uk)

**Guiding Units** (all sections)

[guides@trinity-urc.org.uk](mailto:guides@trinity-urc.org.uk)

Church contact number

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