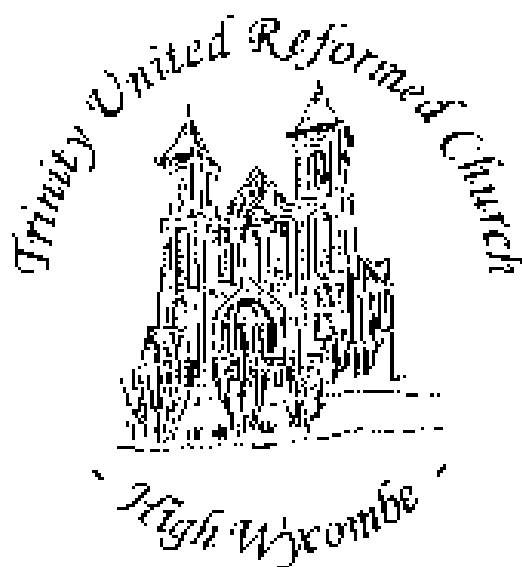


A cheerful heart is a good medicine.
Proverbs 17:22



October 2010

The Recorder

Inside - this month . . .

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An edited version of this magazine is available on the Church Website.
(Personal details are NOT included)

Church web site: <http://www.trinity-urc.org.uk>

Trinity - A Family Church

Worshipping together - Caring for one another - Sharing with others

Dear Friends,

Our September all-age service began with psalm 100 as our call to worship. It's a glorious psalm. I think that I have heard that it is the Queen's favourite. I can see why. In 5 short verses it sums up our relationship to God, the attitude we should bring to worship, and an inspirational character sketch of the Lord. And before all that it begins with an exhortation to sing. Singing songs that we love lifts our spirits and brings a lightness to our hearts.

Do you have a favourite hymn or worship song that you would like us all to sing in church on a Sunday morning? If so, now is your chance.

On November 7th we will have a service featuring favourite hymns and songs that you have asked for. If you have a request please let me know by the end of October. For each request I will need to know whether you are willing to explain to the congregation what you like about the hymn and what associations it has for you – or whether you prefer to write that down for me or someone else to read out. You might also like to specify whether you would like it accompanied on organ, piano or guitars [Saturday café band]. And if it has more than one tune don't forget to tell me which you want. If we have more requests than can be sung in one service I will hold some over for early in 2011.

Back to psalm 100 for a moment. In 1561 the forerunner of the Scottish Psalter was published in Geneva, edited by William Kethe. Only one of those early metrical psalms has survived into our day, and it is the beautiful version of this psalm, psalm 100, written by Kethe himself. He wrote it especially for the tune, 'Old Hundredth' – it is, of course, ...

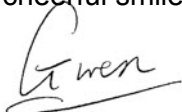
*All people that on earth do dwell,
Sing to the Lord with cheerful voice;
Him serve with mirth, His praise forth tell,
Come ye before Him and rejoice.*

In our congregation we have two hymn writers, Andrew Winton and Olive Shepherd. On October 10th we will be singing hymns written by both of them, including new ones. And our celebration of home grown talent will continue after the service with the Big Bake-a-thon.

Isn't it interesting that we all have different gifts, different interests, different perspectives on life? It is interesting too that those things can change as we move through different phases of life. A recently retired man told me today that he had set himself guidelines when he retired. One of them was 'do something new'. He had risen to that self-made challenge and was obviously enjoying the experience. If we have anyone at Trinity who has never baked a cake, the Big Bake-a-thon could be your opportunity to try doing something new!

Singing, baking, eating are all activities that can have a dramatic effect on mood. I wonder if William Kethe was a cheery chap? His version of psalm 100 sounds as though he may have been. "Him serve with mirth" – what a wonderful turn of phrase that is.

I hope that you have plenty of opportunities this month to serve the Lord with laughter and a cheerful smile, as well as with song. God bless you,




Minister : Rev Dr Gwen Collins
e-mail: gwen@trinity-urc.org.uk

Church Secretary :Mrs Marian Mole,
e-mail: secretary@trinity-urc.org.uk

October Services

Sunday Morning Worship at 10:30am - led by the Minister unless otherwise stated

| | | |
|---|-------|--|
| Oct. 3 | | Holy Communion, led by Revd Alan Kirkcaldy |
| Oct. 10 | | Morning worship, with hymns |
| Oct. 17 | 10.30 | Guiding Centenary Parade, and all age worship |
| | 4.30 | Holy Communion |
| Oct. 24 | | Morning worship led by minister, with David Tester speaking about the work of the Missionary Aviation Fellowship [MAF] |
|  Oct. 31 | | Morning worship, led by Mr John Shaw |

Rotas for October

Not included in this version

I have set up a little plastic box titled 'Sunday Morning Coffee Money' for any funds received from coffee rota when I or Rose are not around Church to receive them. This is to be kept in the vestry under lock and key. This ensures the money does not get banked into general funds. There is a short form for people to enter the date and amount put into box.

Thank you so much for your help. Blessings
Anne

What's on in October



Thursday Oct 14th Swan Lake on Ice - at the Swan Theatre
 Oct 25th Talk: Sailing around the Islands - Andrew W
 [Host - Andrew W]

WOMEN'S MEETING

Tuesday 5th Oct Quiz
 Tuesday 12h Oct Looking at St Luke
 Tuesday 19th Oct Harvest Festival at Priory Road School
 (NB - an EARLY START - at 1.15pm. For 1.30
 (lifts will be arranged)
 Tuesday 26th Oct Beetle Bring & Buy



All meetings start at 2.30 in the Lower Schoolroom unless otherwise stated

Diary Dates

- September** 27 Elders' Meeting 8pm
 30 – **October 6** Gwen will be on holiday
October 9 Coffee Morning 10.30 –12noon
 10 **The Big Bake – a – thon!**
 12 Users' & Hirers' Meeting 6.15pm
 16 Youth & Children's Day for Thames North Synod at Trinity 9.30 –1pm
 16 Movers & Shakers Gospel Praise Concert 7.30pm at Trinity
 23 Coffee Morning 10.30 –12noon
 26 Elders' Meeting 8pm
 30 Fifth Brigade 9.30 –12.30
 30 Wedding: Daniel Spencer & Stephanie Elliot

See page 10 for details of other events

| October 2010 | | | | | | |
|--------------|----|-----------|----|----|----|-----------|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |



Remember to put your clocks **BACK** one hour when you go to bed on Saturday 30th October!

Not included in this version



PNG HIV infection rates in decline

Tuesday, 07 September 2010 12:28

Church-run health programmes in Papua New Guinea deserve recognition for their part in tackling the nation's HIV epidemic, with new figures revealing that the sky-rocketing infection rates recorded a decade ago now appear to have turned a corner, a health expert told a United Nations forum in Melbourne, Australia.

Despite a massive increase in the number of people being tested in PNG, the number of new HIV infections each year has reached a plateau and may be declining, said Dr Mike Toole, head of Melbourne's Burnet Institute Centre for International Health on 31 August.

The new national HIV prevalence rate, drawn from voluntary testing of pregnant women at ante-natal clinics, is estimated at 0.9 per cent, *The Age* reported.

A rapid expansion of HIV testing centres - from 15 to 178 in the past five years - has seen 250,000 men and women volunteer for tests in the past two years, with HIV less prevalent in both rural and urban populations.

"For many years I've heard pessimism and alarmism, but that is an extraordinary achievement," Dr Toole said.

He made the comments at a forum on the role of church organisations in PNG health, where half of hospitals and services are run by churches.

Commitment for Life

ZIMBABWE

Highfield Uniting Presbyterian Church is situated in a high density area on the outskirts of Harare. On every street corner you find people selling basic food such as tomatoes and onions which they have grown on the land around their homes. Mothers can be found, with their children, sitting all day under trees trying to eke out a meagre living. Like these sellers, the majority of the congregation are unemployed, so the church has become very much the centre of the community. As well as a playschool and other youth activities, some time ago they decided to set up The Tariro AIDS Group. With 1.3 million people living with HIV in Zimbabwe this is an increasing problem and has left many children being brought up by grandparents. The group is made up of church members who meet to share fellowship and support those living with and affected by HIV within the community.

The group decided that they needed a income generating scheme and after much thought decided to try making peanut butter. Peanut butter is used in traditional Zimbabwean dishes where it is mixed with pumpkin leaves, tomatoes and onions. Peanut butter is even served with mealie porridge for breakfast. To start with they bought a peanut butter making machine and a sack of peanuts. After selling the peanut butter at Synod events and other churches in the area they were able to buy more bags of peanuts and have been producing excellent peanut butter ever since.

Following on from the success of their first venture they then turned their hand to making floor polish, or Cobra as it is known. Most floors are concrete and covered with either black or red polish so this is something people want to buy. People come to the Manse to buy the polish, often very early in the morning before finding a spot in the market. At present there are twelve members in the group and although the turnover is small, they consider being together a great gift from God and support throughout the week. The profit enables them to give small food parcels to those who need them within the group or the congregation. The parcels consist of basic commodities such as oil, beans, rice and sugar.

With unemployment at 90% the church fulfils its role as the hub of the community. By reaching out to all and providing them with events and schemes it not only provides a small income but also self esteem and companionship. The Sunday worship is lively and uplifting with many of the AIDS group leading the prayers and the singing in the three hundred strong congregation.

BANGLADESH

It's amazing what one small loan can do

Before becoming a member of a People's Forum established by the Christian Commission for Development in Bangladesh (CCDB), Jainab could see little future for herself, her children or husband Lohman Hossain. He earned about one hundred takka a day with a rented rickshaw and although Jainab occasionally worked as a cleaner, they still could only provide a daily meal of rice for their family. With no savings they were at the point of taking their children out of school to work when Jainab heard about the People's Forum in her local community. This had been formed by CCDB supported by Commitment for Life through Christian Aid.

People's Forums are groups brought together to receive training in income generating schemes, health issues, agriculture, advocacy and much more. This gave Jainab confidence and determination to give herself and her family a future. Having received a loan from the People's Forum she purchased a cow and after rearing it for six months sold it for a profit just before the Muslim festival Eid. This she used to buy her husband his own rickshaw that immediately increased his daily income. With the rest she decided to buy another cow and again made a profit. Now her children's future in school is secure and they are able to buy a little fish and vegetables to go with the rice. There is even some money over to buy a small piece of land which, with training in agriculture from the People's Forum, will improve the nutrition in their diet and could provide extra income.

CCDB's poverty reduction programme aims to help the poor, vulnerable and disadvantaged people achieve sustainable livelihood security by empowering them through education and support. Not only has the small loan Jainab received meant her family has a future, but she is smiling again and is an example to others in her community to make the most of resources and opportunities available to them.

© Commitment for Life.

Your minute with Cameron and Clegg: what will you say?

The United Reformed Church, Methodist Church and Baptist Union of Great Britain have launched a video campaign asking people what they would say if they had just one minute with David Cameron and Nick Clegg.

The My Minute campaign launched on Monday 6 September - aims to give people a voice in politics and encourage political engagement. Participants can communicate their message to camera however they choose – speaking, rapping, singing, praying, miming, dancing or holding up pictures or signs. The three Churches are asking people to email the link to their video as soon as they have uploaded it to a video sharing site, such as YouTube or Vimeo. Videos will then be featured on the my minute website.

The Revd Dr Kirsty Thorpe, Moderator of the General Assembly of the United Reformed Church, said: “My Minute is a great way for those of us in the Churches to show we're in touch with the major issues facing people in today's world. Jesus always helped powerless people to discover their voice - let's follow his example and speak out - especially on behalf of people whose needs may not otherwise be noticed by our political leaders.”

Human rights activist Peter Tatchell and award-winning broadcaster Mark Dowd have already filmed their My Minute videos. “2010 so far is the hottest year on record in terms of planetary temperatures,” said Mark, Director of Education and Communications at Operation Noah. “This is not a time to make cuts.”

Revd Dr Martyn Atkins, General Secretary of the Methodist Church, said: “Politics isn't just for the politicians; it shouldn't become a closed realm accessible only to the few. Like the Church, politics should be open to everyone. My Minute is about enabling people's voices to be heard.”

People are being encouraged to tell others about their My Minute video via Facebook, Twitter and blogging sites. People can also check out the latest videos by following @myminute2010 on Twitter or using the #myminute hashtag. The three Churches will be contacting Number 10 Downing Street to let the Prime Minister and his deputy know what people want to say to them.

“Politics should always be about participation,” said Revd Jonathan Edwards, General Secretary of the Baptist Union of Great Britain. “Our hope is that the passionate convictions of many will find expression through this campaign, and that key messages and concerns will find a response within Government.”

My Minute website: <http://www.jointpublicissues.org.uk/myminute/>

For more information about the Joint Public Issues Team, visit www.jointpublicissues.org.uk.

Check out the JPIT blog at: <http://jointpublicissues.blogspot.com/>

THE BIG BAKE-A-THON

SUNDAY 10 OCTOBER 2010

Following our Morning Service of 'Our Hymns and Prayers' on Sunday 10 October we will be having a sale of baked items to raise funds for REVIVE.

Everyone, whatever age, is invited to bake something for others to purchase and enjoy!

MM

News from Chiltern Area Committee Meeting - Sept 2010

1. News from the churches

Beaconsfield

Revd Nigel Douglas, his wife Barbara and their children have moved into the manse. Nigel was inducted into the pastorates of Beaconsfield and Holtspur on Saturday 28 August. The service, conducted by the Moderator, was well-attended with a good contingent from Gosport, Nigel's previous church, and good representation from the other Beaconsfield churches. Nigel's first service will be conducted at Holtspur on Sunday 12 September. Beaconsfield hopes to build on their once-a-month café service.

Burnham

Revd David Simpson has started his role of Interim Moderator and the church is looking forward to working with him during the interregnum period. Attendance at services is holding up well although they had to say farewell to three of their teenage members who were about to start at university. This would leave their Junior section more or less bereft of children, although there was good news for the future in that one of their families had recently had a 'new arrival'.

Forthcoming services: Harvest Festival at the end of September, Commitment for Life in October, and Bible Sunday in November. They have booked preachers through to the end of January.

Iver

The church is functioning well, with preachers booked for services on a rolling six-month basis. They are very appreciative of Gwen Collins' support as Interim Moderator. They are awaiting the outcome of proposals for solving their vacancy situation.

A number of their members had attended the induction service of Susan McCoan, a former member of their church, who started her first ministry at Wylde Green URC in the West Midlands in July.

In recent years the church had linked up with the local Anglican church for the 'quieter' holiday month of August by sharing worship in each other's churches but sadly this arrangement did not occur this year.

Services - Harvest Festival in early October. A service at the end of October, to be conducted by Gwen, is to include the dedication of a candlestick donated by John Hucker in memory of his wife Megan, who sadly passed away recently.

2. New ministers

- a) Beaconsfield & Holtspur - welcome to Revd Nigel Douglas
- b) Fairford Leys LEP – we welcome Revd Anthony Howell to the Area. Anthony's induction is on 25 September
- c) Chesham – we welcome back Revd Bridget Powell who has accepted the call to Chesham as a stipendiary minister, having been non-stipendiary – her induction is on 19 September
- d) A welcome is extended to Revd Barbara McIntivey (Methodist), now overseeing Colnbrook & Poyle United Church

3. New ministerial appointment

Trinity Slough has just voted for a 2 year appointment of the Revd John Danso as interim minister in the near future. Trinity Slough and Iver had previously jointly been seeking a minister but have decided to seek ministers separately.

4. Meet the Area Committee at Wendover – Tuesday 5 October 2010, 8.00 pm

Chiltern Area Committee announced earlier this year its plan to hold an open session meeting in different parts of the Chiltern Area during the year. If you missed this meeting in Burnham in June, come along to Wendover Free Church to meet the members you have nominated/elected to serve you.

Coffee and tea will be served by friends at Wendover Free Church from 7.30 pm.
Find out what we do ... ask questions ... tell us what's happening in your churches!

5. Chiltern Area Children's and Youth Work leaders' session – Saturday 16 October, 9.30-1.30 at Trinity High Wycombe

Sharing ... Informing ... Resourcing ... Participating Supporting

It's not too late to book a place on this participative session for those involved in (or thinking about) children's and youth work in the church! Come along and share your experiences.

The session will be led by Simon Rudiger (Synod Children's and Youth Development Officer), Soo Webster, Heather Pugsley and Liz Boyce, with input from churches in our Area. Publicity leaflet will be sent to church secretaries shortly.

6. Area Committee vacancies – is God calling you to serve in one of these roles?

- a) Area Committee representative (vacancy from March 2011)
- b) Ecumenical Representative
- c) Ministry & Mission (M&M) Representative

Do you want to find out more about how your gifts and skills could contribute to the wider church?
Contact Kate Yates yates.kathryn@gmail.com

7. Declared ministerial vacancies in the Area

Iver are still in vacancy
Trinity Slough (but they have called a 75% scope Interim Minister)

8. Building projects

a) Amersham Free Church

Completion due end October. Special opening service on Saturday 4 December.

b) Chesham

Architects are now working up tender documents. Mechanical & Electrical (M&E) consultant now appointed. Redevelopment fundraising is under way and the congregation is busy coming up with different ideas to raise funds.

9. Pastoral Consultation Reviews

Area Committee had planned to conduct more Pastoral Consultation Reviews in 2010. However, this process is being reconsidered in the light of a planned new national scheme – Local Ministry and Mission Review (LMMR). We are awaiting further news on that, so watch this space



Does this explain what happened to the Dinosaurs??

Don't be like them - make sure your diary is up to date with details of forthcoming events!!!!

TRINITY SHORT MAT BOWLS

We will be starting the new session of short mat bowls on Wednesday 29th September in Crendon Hall from 7.15 – 9.15pm. We have all the necessary equipment including the bowling woods (if you don't have your own). Flat shoes are the only other requirement. Beginners and Experts equally welcome. Why not come along and see how you get on. Tea, coffee and biscuits provided. For more information contact Colin or Margaret L.



Diary dates in the more distant future . . .

November 13 Coffee Morning 10.30 – 12noon
14 Remembrance Sunday
16 Church Meeting 8pm
27 Coffee Morning
27 Elders' Afternoon
28 Advent Sunday

More quotes from Epictetus

There is only one way to happiness and that is to cease worrying about things which are beyond the power of our will.

Silence is safer than speech.

Unless we place our religion and our treasure in the same thing, religion will always be sacrificed.

We should not moor a ship with one anchor, or our life with one hope.



Happy Birthday



This month we would like to wish

Nina S (2nd)

Nigel K (10th)

Matthew S (19th)

Abigail L (23rd)

Margaret L (26th)

Nancy H (30th)

a Very Happy Birthday
with love from all at Trinity

Accommodation Wanted

We are a Christian family attending St Andrews High Wycombe church and we are looking for a 3 bedroom house or groundfloor flat to rent from either November or December. Please contact us on 07737929496

Blessings,
N R

*The next edition of the Recorder will be published on 31st October.
Closing date for contributions is Friday 22nd October*

Recorder Editor : e-mail : editor@trinity-urc.org.uk

Church web site: <http://www.trinity-urc.org.uk>

prayer page

God of life we thank you for all you give us;
We thank you for all that we have to eat and drink,
for the work of our hands and the work of our minds
for creative thought and caring action.
We thank you for those whose unseen toil contributes
to the fabric of our society



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2010

Litany of Repentance and Assurance of Pardon

While we live, we are always being given up to death.
Lord, to whom should we go? You have the words of eternal life.
Almighty God: Your love never fails,
and you can turn the shadow of death into daybreak.
We confess that we are slow to accept your promises,
and we are easily overcome by mourning.
We do not love as we ought to love, nor do we succeed in living as you
command.
Lord God, have mercy upon us. Forgive us our sin and raise us to new life.
Grant that we may be transformed by the power of the Holy Spirit,
and that we may live to serve you.
Help us to love our neighbours as ourselves, and to enter into the joy of
your presence.

Verses from the Psalms

Wait for the Lord;
Be strong and he shall comfort your heart;
Wait patiently for the Lord.
(Psalm 27.17)

God is our refuge and strength,
A very present help in trouble.
(Psalm 46.1)

Be still, and know that I am God.
(Psalm 46.10)

A prayer for All Hallows' Eve

Circle me, Lord.
Keep protection near
And danger afar.
Circle me, Lord
Keep hope within.
Keep doubt without.
Circle me, Lord.
Keep light near
And darkness afar.
Circle me, Lord.
Keep peace within.
Keep evil out.

Weekly prayers through October:

| | |
|------------------|--|
| Sunday | For the Polish Lutheran Church |
| Monday | For our Moderator, Revd Dr Andrew Prasad |
| Tuesday | For spiritual growth |
| Thursday | For the continuing flood relief efforts in Pakistan and China |
| Wednesday | For Café Days and the Thursday Pop-in Café |
| Friday | For refugees and asylum seekers in desperate need of help |
| Saturday | For our Rainbows, Brownies, Guides and Rangers and their leaders |